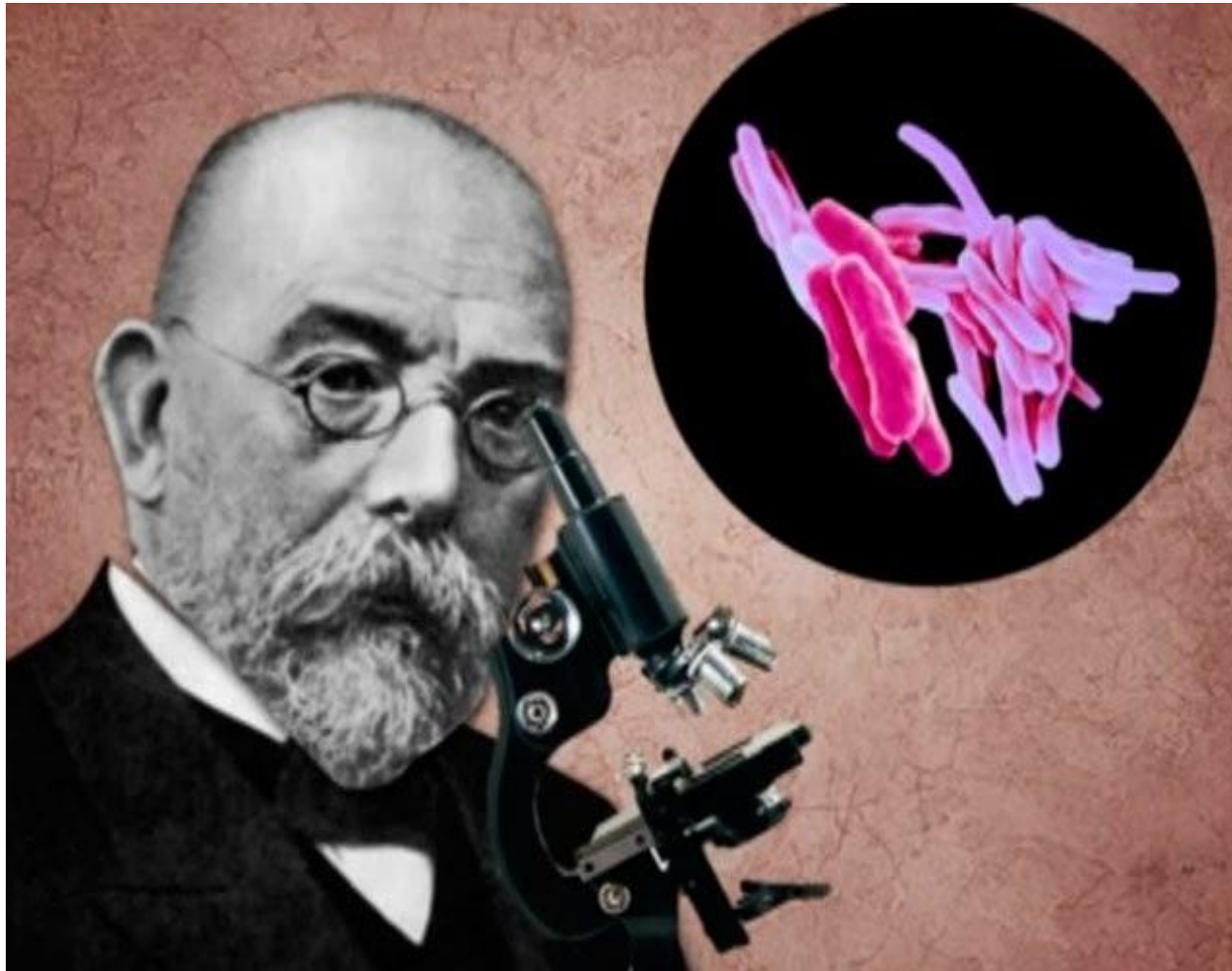


# EPIDEMIIOLOGY AND OVERVIEW OF TUBECULOSIS

# Introduction

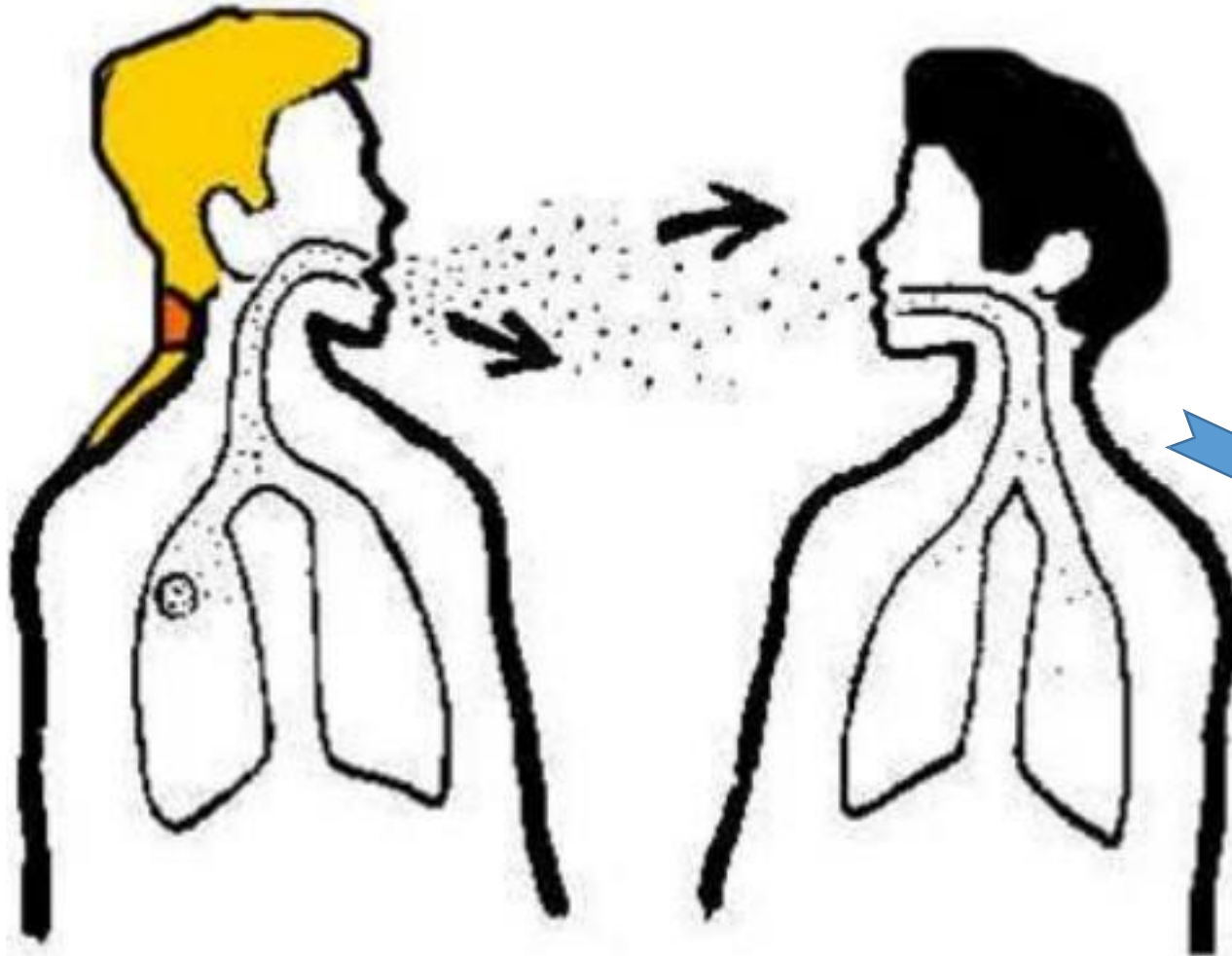


- Causative agent :  
bacteria – **Mycobacterium Tuberculosis**
- **Robert Koch** –  
Saintis Jerman yang  
menemui kuman TB pada  
24 Mac 1882
- TB World Day – **24 Mac**

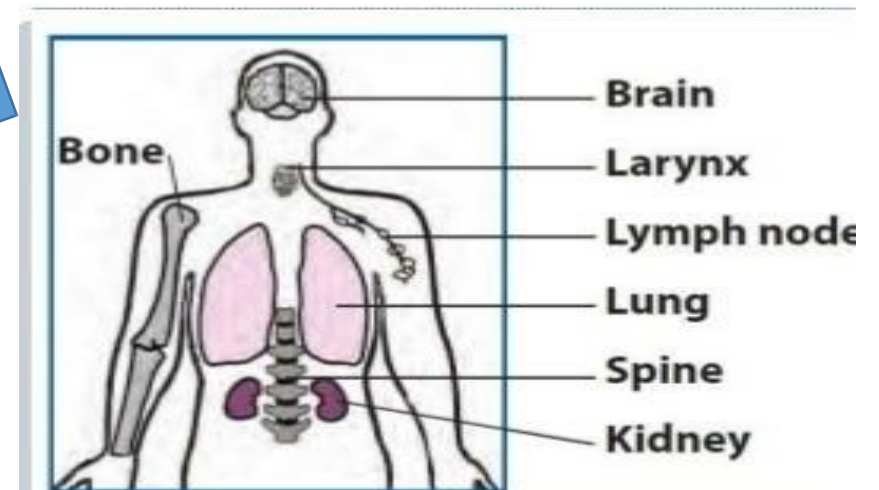
# TIMELINE HISTORY

- 1882 TB bacilli identified by Koch
- 1907 TST - tuberculin skin test (von Pirquet)
- 1919 BCG – Bacille Calmette & Guerin vaccine
- 1943 Schatz & Waksman discover streptomycin
- 1948 BMRC trial of streptomycin vs bed rest
- 1952 Development of isoniazid
- 1966 Development of rifampicin
- 1978 Short course chemotherapy

# TRANSMISSION



- Person to person spread through the air when an infected person **coughs, sneezes, sings or speaks**
- The droplets nuclei are inhaled by another person directly into the lungs



# TRANSMISSION

- One cough - generate 3000 droplet nuclei
- Talking for 5 mins - generate 3000 droplet nuclei
- Singing in 1 mins - generate 3000 droplet nuclei
- Sneezing - generates 10,000 droplet nuclei, which can spread up to 10 feet away

## HIGHER RISK OF INFECTIVITY IF:

- 3C :crowd, close, confined
- Duration of exposure
- Index case: advanced infection



# Epidemiology and Statistics of TB





# Vision, goal, targets, milestones



## Vision:

**A world free of TB**

*Zero TB deaths,  
Zero TB disease, and  
Zero TB suffering*

## Goal:

**End the Global TB epidemic**

## TARGETS

	MILESTONES		SDG*	END TB
	2020	2025	2030	2035
<i>Reduction in number of TB deaths</i> compared with 2015 (%)	35%	75%	<b>90%</b>	<b>95%</b>
<i>Reduction in TB incidence rate</i> compared with 2015 (%)	20%	50%	<b>80%</b>	<b>90%</b>
<i>TB-affected families facing catastrophic costs due to TB (%)</i>	0%	0%	<b>0%</b>	<b>0%</b>



# OBJECTIVES OF TB CONTROL PROGRAM

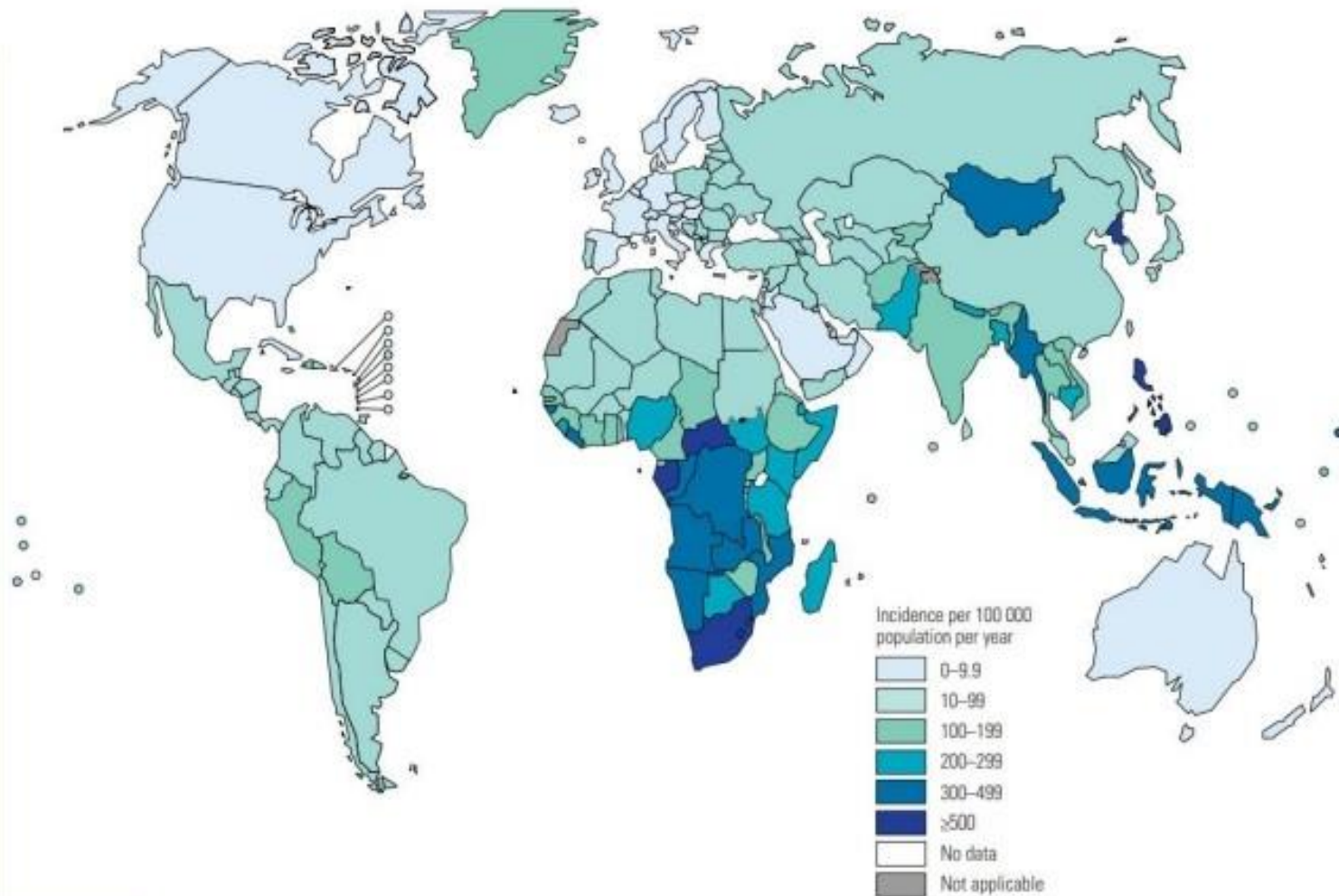
1. To increase case detection rate of TB (92 per 100,000).
2. To reduce no. of TB death (reduction 5% from previous year).
3. To achieve treatment success rate of 90% (including MDR-TB cases).
4. To strengthen management of LTBI: screening, diagnosis & preventive TB treatment.
5. To promote TB awareness by strengthening collaboration with NGOs, local agency and communities.



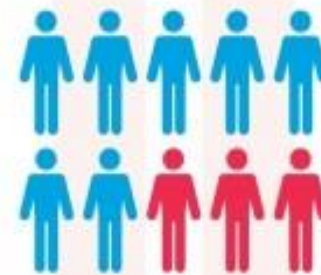


# WHO ESTIMATED TB INCIDENCE 2019

Estimated TB incidence rates, 2019



## MORE PEOPLE REACHED WITH QUALITY TUBERCULOSIS CARE



In 2019, an estimated **10 MILLION PEOPLE FELL ILL WITH TB\***

**7.1 Million people** reported to have access to TB care, up from 6.4 M in 2017.  
**≈2.9 Million people** were undiagnosed or not reported.

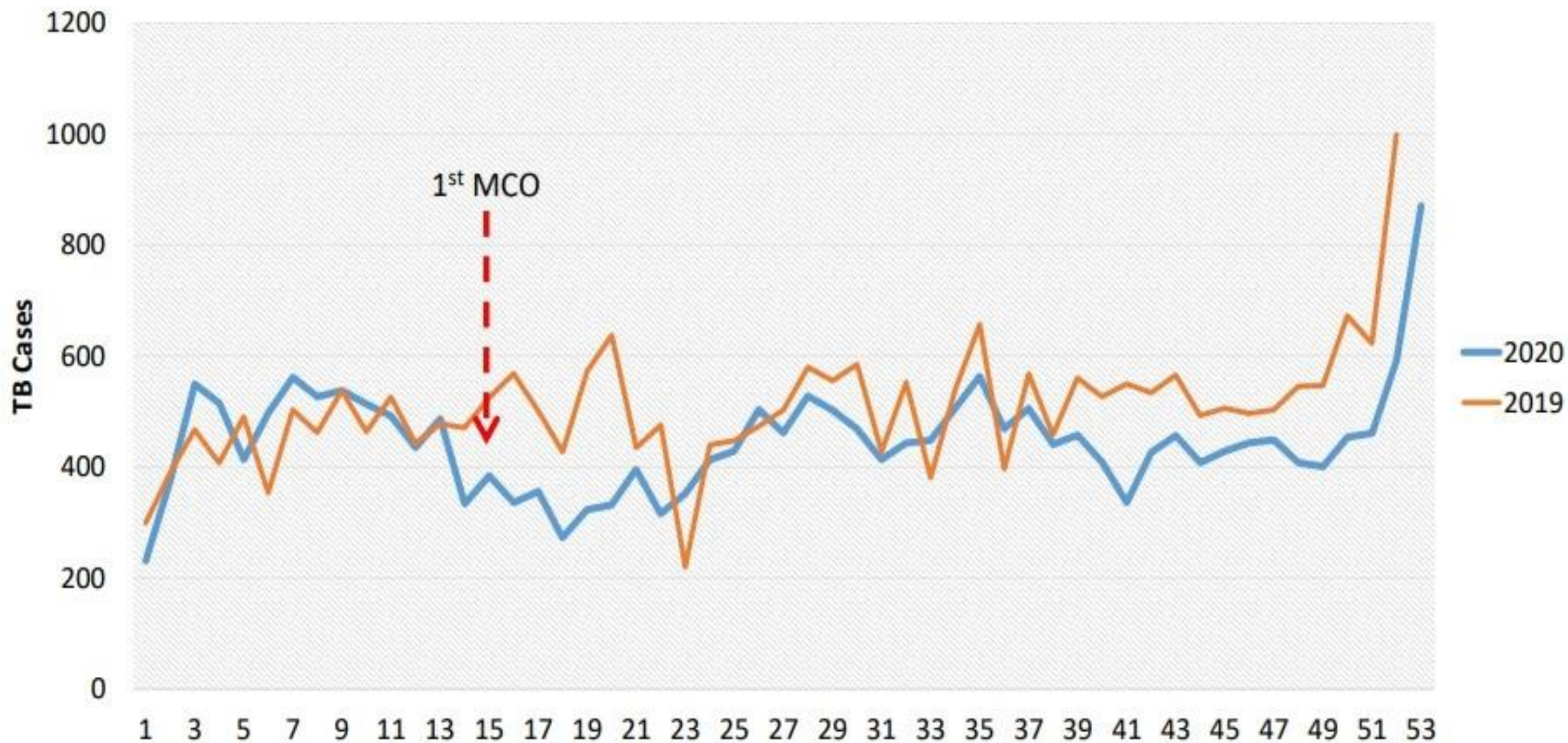
Better reporting, diagnosis and access to care will close this gap

\*The 95% uncertainty interval for TB incidence is 8.9-11.0 million

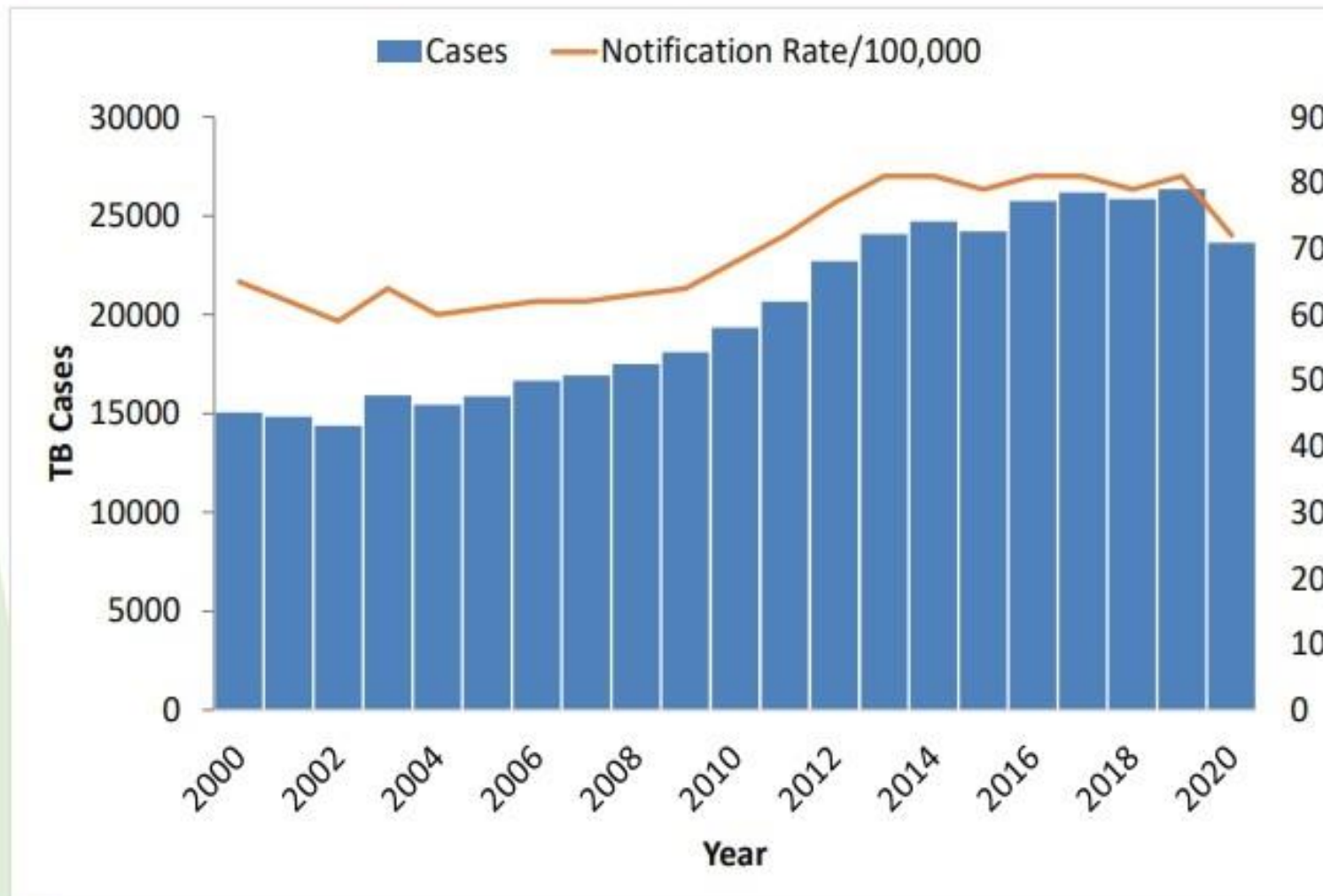


Bahagian Kawalan Penyakit  
Kementerian Kesihatan Malaysia

### Registered TB Cases by Epid Week 2020 vs 2019

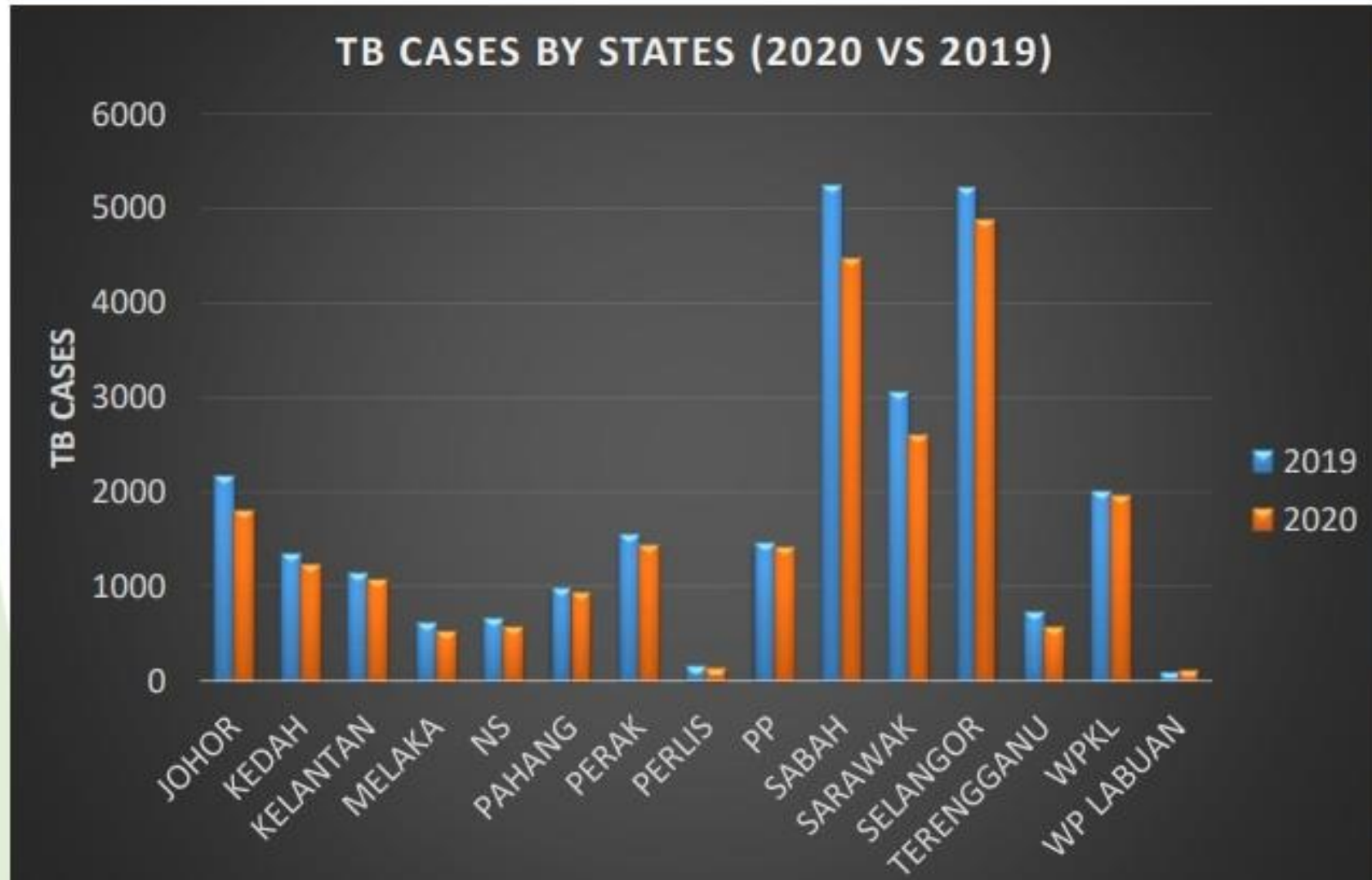


## TB CASES (ALL FORM) & NOTIFICATION RATE, MALAYSIA (2000- 2020)



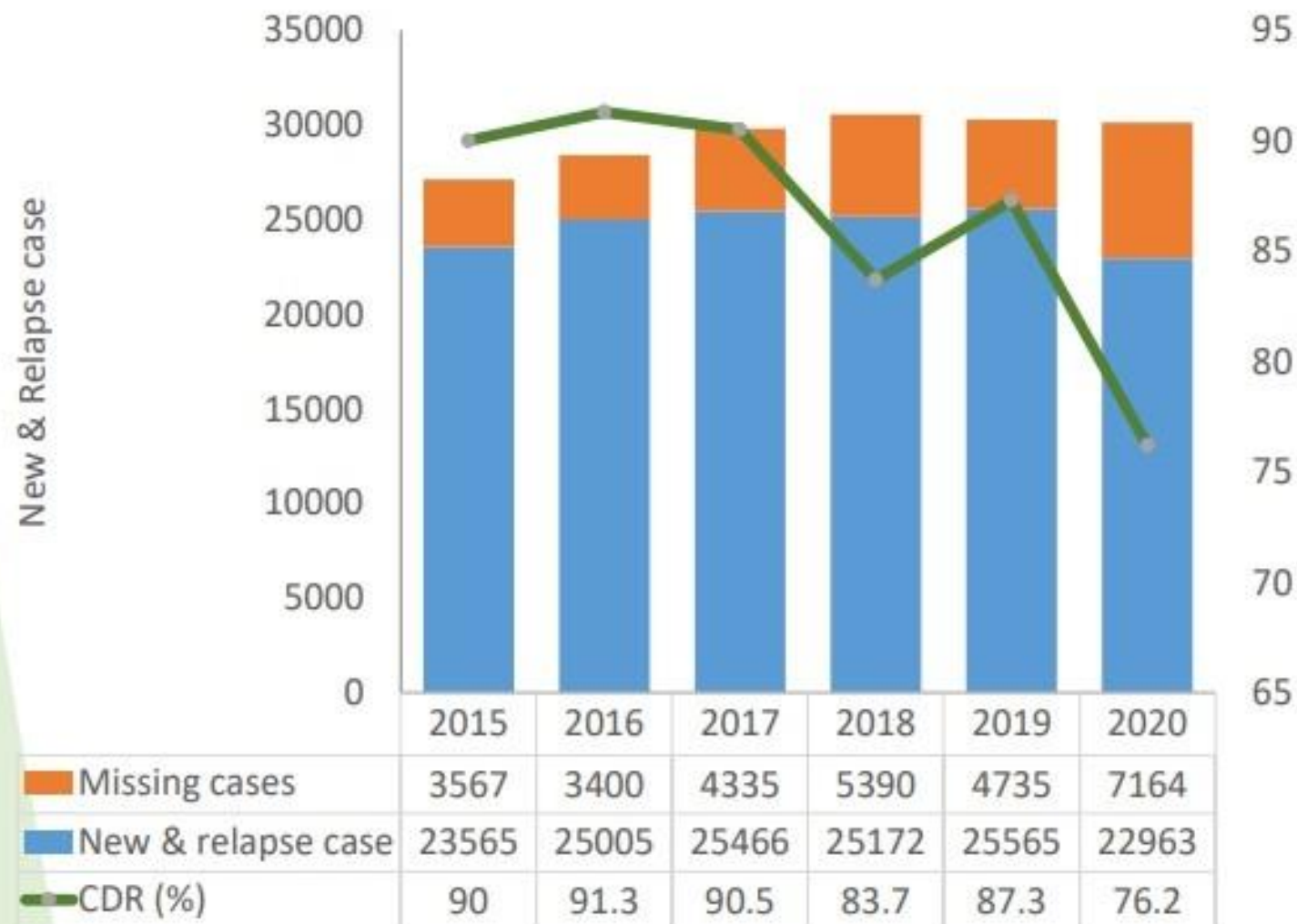
States	TB Cases	NR (per 100k population)
Johor	1804	47.7
Kedah	1233	56.4
Kelantan	1060	55.6
Melaka	524	56.2
NS	572	50.7
Pahang	929	55.3
Perak	1433	57.1
Perlis	122	47.9
Penang	1413	79.7
Sabah	4453	113.9
Sarawak	2592	92.0
<b>Selangor</b>	<b>4884</b>	<b>74.7</b>
Terengganu	553	43.9
WPKL	1967	104.4
WPLabuan	105	105.4
<b>MALAYSIA</b>	<b>23644</b>	<b>72.4</b>

# TB CASES BY STATES (2020 VS 2019)



STATES	difference	%
JOHOR	-357	-16.5
KEDAH	-112	-8.3
KELANTAN	-76	-6.7
MELAKA	-84	-13.8
NS	-86	-13.1
PAHANG	-39	-4.0
PERAK	-107	-6.9
PERLIS	-32	-20.8
PP	-50	-3.4
SABAH	-785	-15.0
SARAWAK	-464	-15.2
SELANGOR	-327	-6.3
TERENGGANU	-165	-23.0
WPKL	-33	-1.7
WP LABUAN	9	9.4
<b>MALAYSIA</b>	<b>-2708</b>	<b>-10.3</b>

# CASE DETECTION RATE, MALAYSIA, (2015- 2020)



State	New & relapse cases	CDR(%) Target 95%	Achievement
Johor	1738	65.2	BT
Kedah	1197	78.0	BT
Kelantan	1030	66.9	BT
Melaka	515	72.1	BT
NS	554	75.0	BT
Pahang	910	83.0	BT
Perak	1410	75.2	BT
Perlis	121	74.2	BT
Penang	1376	87.5	BT
Sabah	4386	72.7	BT
Sarawak	2546	77.8	BT
Selangor	4673	83.5	BT
Terengganu	549	60.7	BT
WPKL	1853	81.0	BT
WPLabuan	105	78.4	BT
<b>Malaysia</b>	<b>22963</b>	<b>76.2</b>	<b>BT</b>

# TB AMONG HCW, MALAYSIA, (2002- 2020)

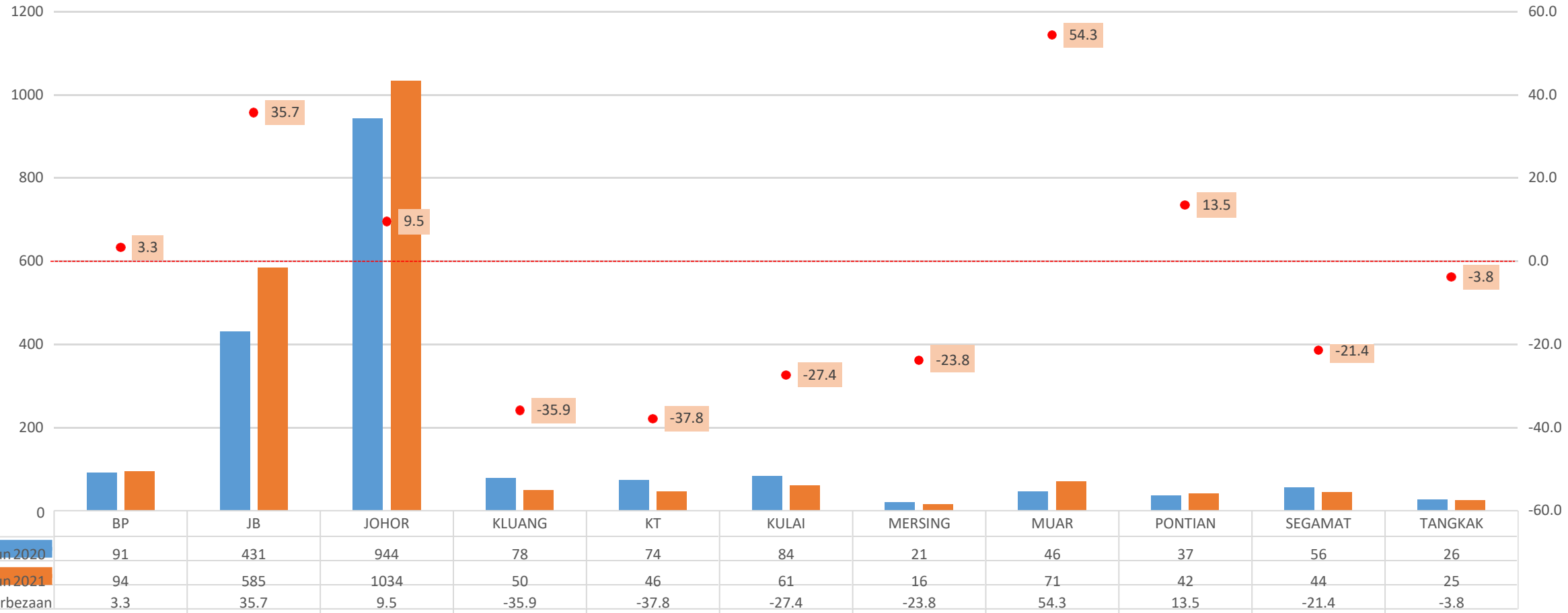
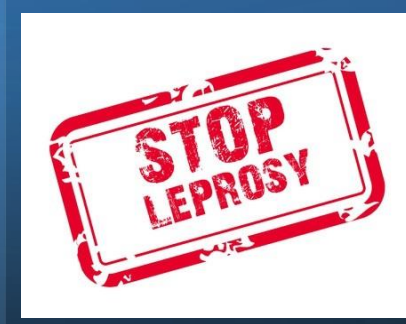


NEGERI	JUMLAH TB ANGGOTA KKM
JOHOR	23
KEDAH	23
KELANTAN	20
MELAKA	11
NEGERI SEMBILAN	8
PAHANG	17
PERAK	19
PERLIS	2
PULAU PINANG	17
SABAH	41
SARAWAK	12
SELANGOR	56
TERENGGANU	15
WPKL	16
<b>MALAYSIA</b>	<b>281</b>

## TB AMONG MOH HEALTHCARE WORKERS, MALAYSIA (2020)

	MO	PPP	PPKP	JT	JM	Juru X-ray	JTMP	Ass Pharm	PPK	Others	Total
Johor	11	2	1	4		1	1			3	23
Kedah	4			9	2	1	1		2	4	23
Kelantan	3			4	3		1		3	6	20
Melaka	4	1		2					1	3	11
NS	2	2		1			1		1	1	8
Pahang	3		1	4					5	4	17
Perak	2	2		5	1	1			4	4	19
Perlis				1					1		2
Penang	3	2		6					3	3	17
Sabah	7	7		13	1		1		4	7	41
Sarawak		2		2	2				2	4	12
Selangor	20	4		17	2		1		3	8	56
Terengganu	3	2	1	2	2	1		1	1	2	15
WPKL	2	1	1	7	3					2	16
Labuan	0			1							1
<b>Malaysia</b>	<b>64</b>	<b>25</b>	<b>4</b>	<b>78</b>	<b>16</b>	<b>4</b>	<b>6</b>	<b>1</b>	<b>30</b>	<b>51</b>	<b>281</b>

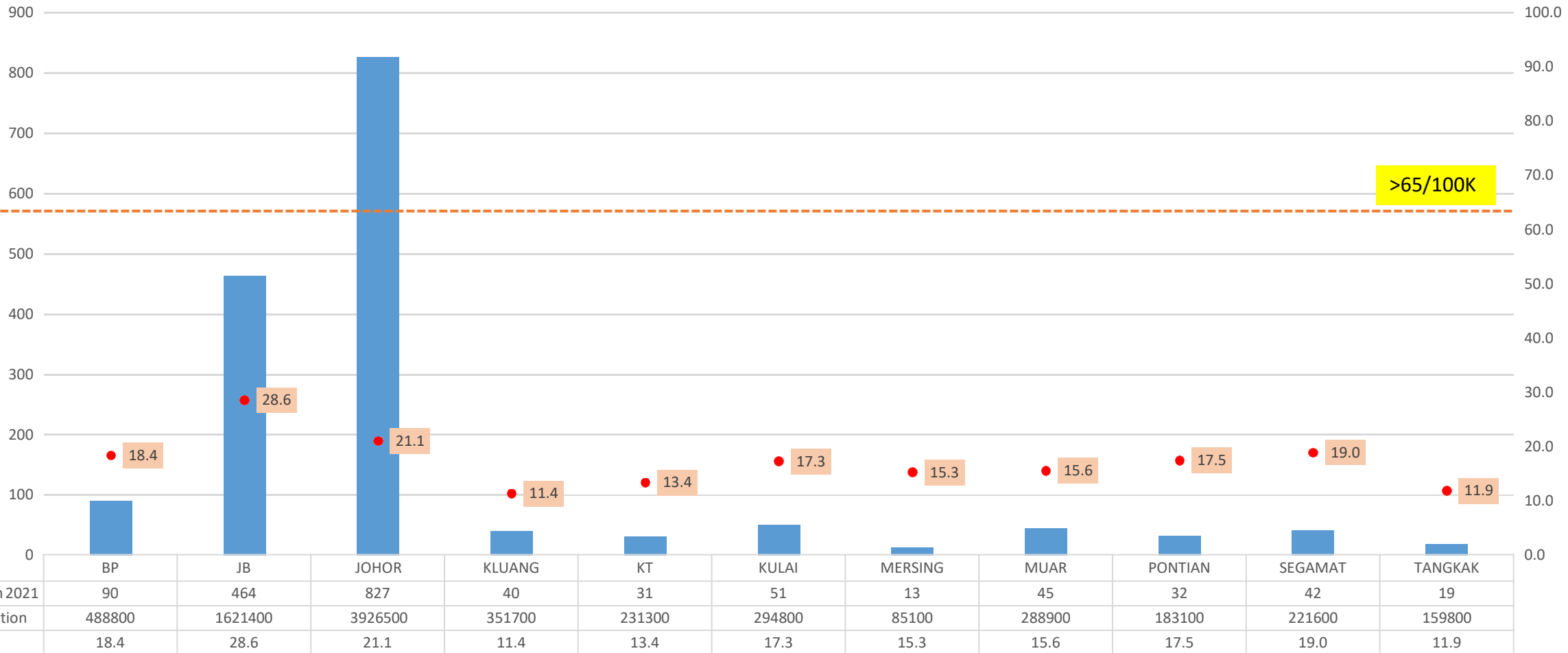
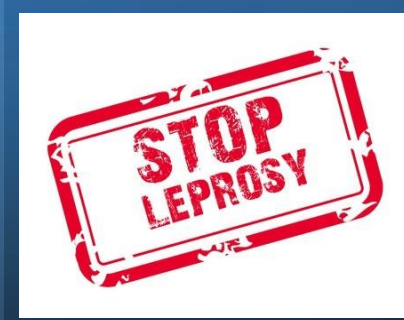
# Perbandingan Bilangan Notifikasi TB Sehingga ME26/June (2020 vs 2021)



Hanya BP, JB, Muar dan Pontian menunjukkan peningkatan bilangan notifikasi yang lebih tinggi dari tahun 2020, manakala daerah yang lain mengalami penurunan bilangan notifikasi kes TB. Negeri Johor menunjukkan peningkatan bilangan notifikasi yang lebih tinggi (9.5%) berbanding tahun 2020. (Sumber: e-Notifikasi)

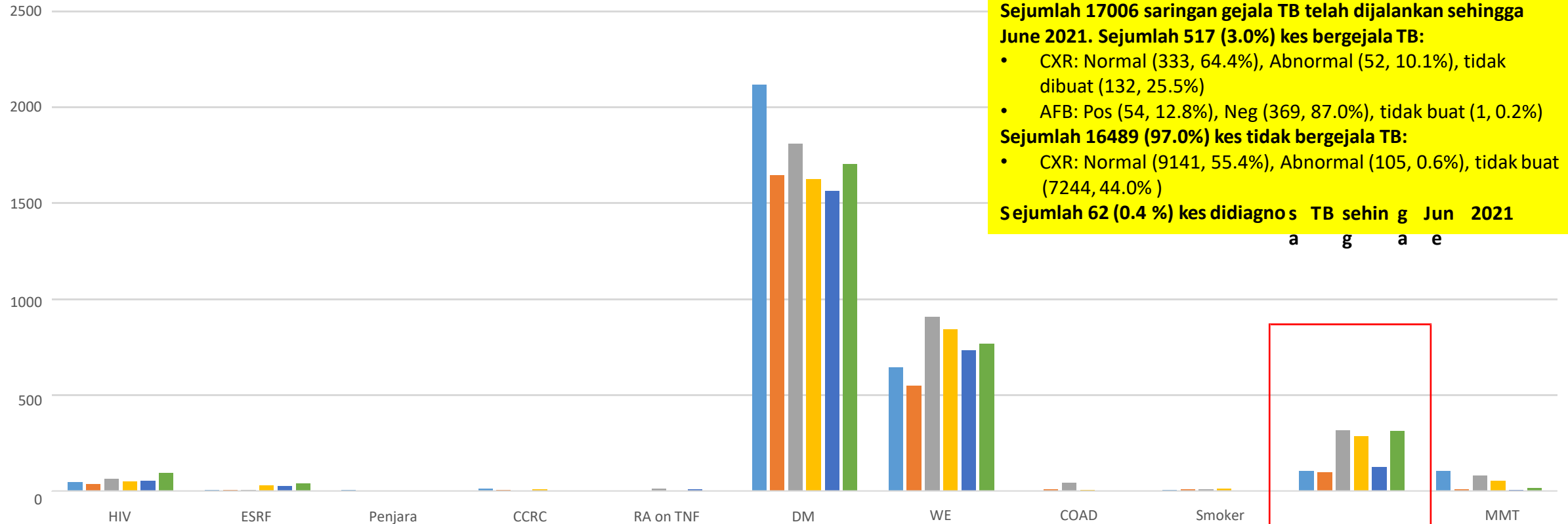
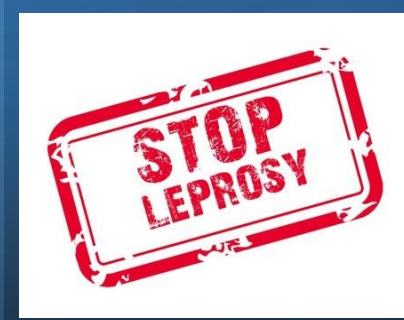


# Kadar Notifikasi (NR/100k Population) Kes TB Sehingga ME26/June2021



Kadar Notifikasi kes TB sehingga May 2021 adalah pada kadar 21.1 bagi setiap 100000 penduduk. Sasaran NR bagi tahun 2021 adalah 65/100k

# Pencapaian Saringan HRGdi KK Sehingga June 2021 (Mengikut Kumpulan Sasar)



**Sejumlah 17006 saringan gejala TB telah dijalankan sehingga June 2021. Sejumlah 517 (3.0%) kes bergejala TB:**

- CXR: Normal (333, 64.4%), Abnormal (52, 10.1%), tidak dibuat (132, 25.5%)
- AFB: Pos (54, 12.8%), Neg (369, 87.0%), tidak buat (1, 0.2%)

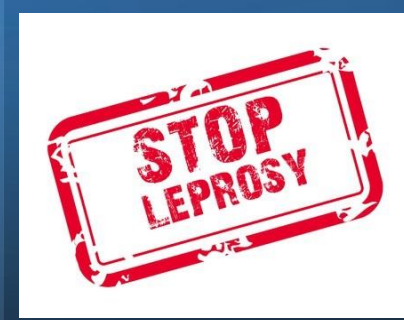
**Sejumlah 16489 (97.0%) kes tidak bergejala TB:**

- CXR: Normal (9141, 55.4%), Abnormal (105, 0.6%), tidak buat (7244, 44.0%)

**Sejumlah 62 (0.4%) kes didiagnosis TB sehingga Jun 2021**

	HIV	ESRF	Penjara	CCRC	RA on TNF	DM	WE	COAD	Smoker	HCW	MMT
JAN	48	4	5	12	0	2116	644	2	5	105	106
FEB	34	4	0	5	0	1647	547	9	7	97	8
MAC	63	5	0	0	13	1810	907	41	9	316	82
APRIL	50	31	0	8	0	1626	842	4	11	286	51
MEI	51	26	0	0	8	1564	732	3	1	123	5
JUN	94	39	0	0	0	1703	768	1	2	311	14

# TB Dalam Kalangan HCW Sehingga ME26/June 2021

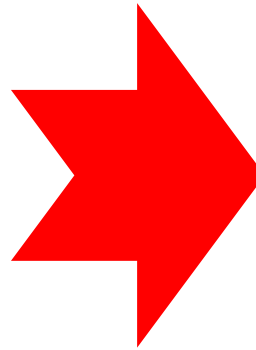


DEARAH	Klinik Swasta	Hospital Swasta	Klinik Kerajaan				Hospital Kerajaan				TOTAL
			Doktor	Nurse	MA	others	Doktor	Nurse	MA	others	
BP	0	0	0	0	1	0	1	1	0	0	3
JB	1	0	0	0	0	1 (MLT)	1	0	0	1 (PPK)	4
KLUANG	0	0	0	0	0	0	0	1	0	0	1
Mersing	0	0	0	0	0	0	0	1	0	0	1
Muar	0	0	0	0	0	0	0	1	0	1 (PT)	2
<b>JOHOR</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>4</b>	<b>0</b>	<b>2</b>	<b>11</b>

Sehingga June 2021: Sejumlah 11 orang HCW dijangkiti TB (1 dari GP, 2 dari KK dan 8 dari hospital kerajaan). Hanya 3 kes indeks HCW mempunyai kontak disaring (total 43). Saringan kontak bagi kes HCW perlu giat dijalankan terutamanya kontak di tempat kerja

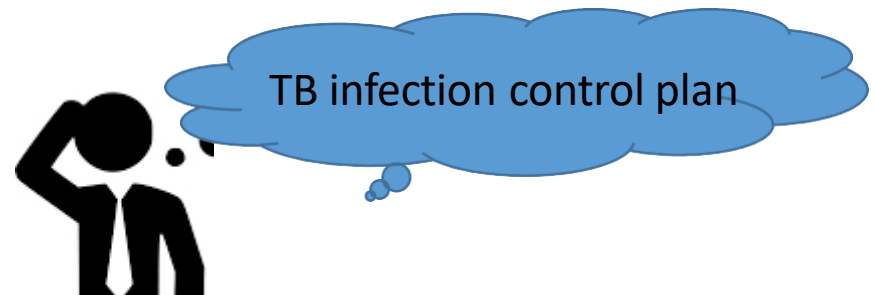
# Infectiousness Factors of a TB Patient

- Health-care settings:
- Emergency medical services
- Correctional facilities
- Home-based health-care
- Outreach settings
- Long-term care facilities
- Homeless shelters



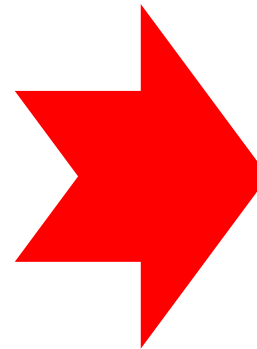
Risk to HCW when:

- Have unsuspected TB
- Have not received adequate or appropriate treatment
- Have not been separated from others



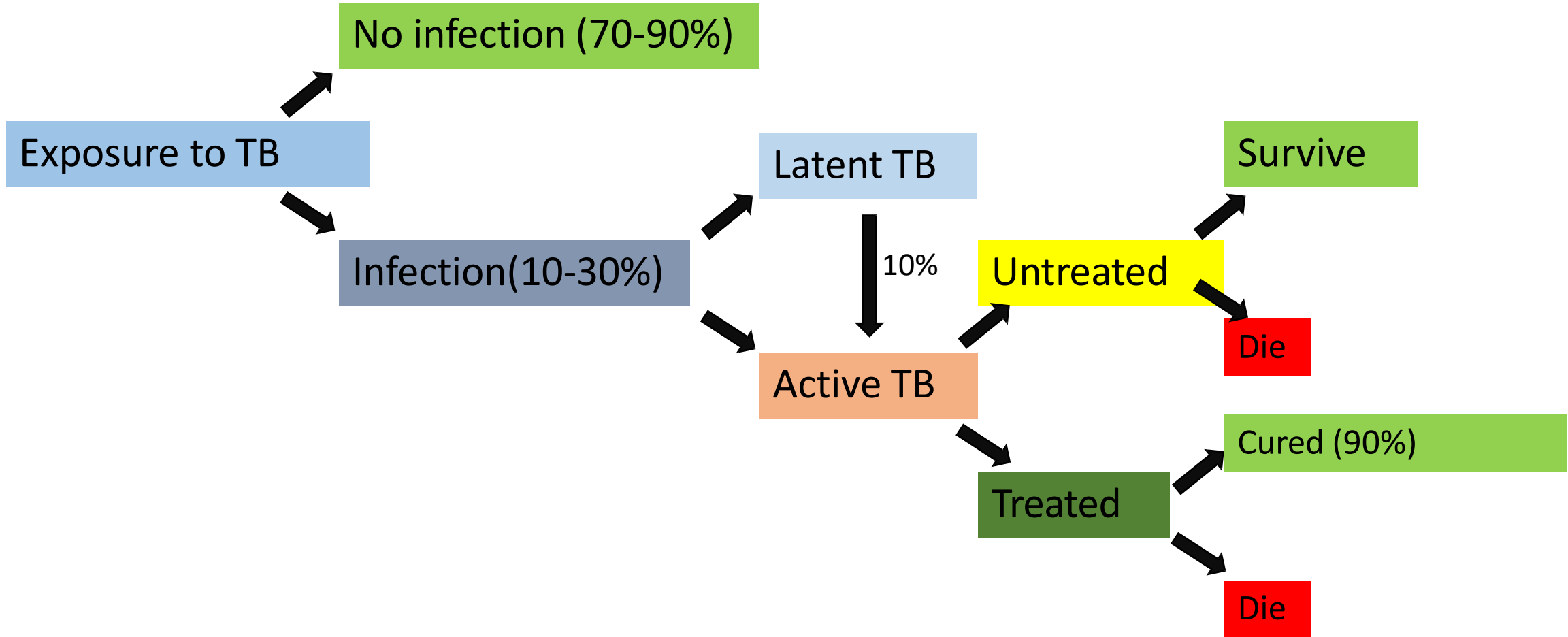
# Infectiousness Factors of a TB Patient

- Number of droplet nuclei carrying MTB
- Depending on the environment, MTB can remain for several hours
- Transmitted through the air, not by surface contact



Infection occurs when a person inhales droplet nuclei containing MTB, and the droplet nuclei traverse the mouth or nasal passages, upper respiratory tract, and bronchi to reach the alveoli of the lungs

# POSSIBLE OUTCOME FROM TB INFECTION



HOUSEHOLD CONTACT  
OR: 9.6

DM PATIENT  
OR: 3.1

PLHIV  
OR: 2.3

COAD PATIENT  
OR: 3.0

DRUG CHASER  
OR: 3.0

SMOKER  
OR=3.1

NON-HOUSEHOLD CONTACT  
OR: 2.5



## HIGH RISK GROUP OF TB INFECTION?

PRISONER  
OR: 23.0

IVDU  
OR: 6.0

Institutionalisation  
OR=3.6

MULNUTRITION  
OR: 37.5

CANCER PATIENT  
OR: 3.7

HCW  
OR: 2.9

HOMELESS  
OR: 2.9

# TB infection Control Plan

- Prompt detection of TB cases
- Airborne precautions
- Treatment of persons who have been suspected or confirmed TB

